

# Serenity Rehabilitation & Health Center - Activity Calendar

January 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>9:30 One-to-One Visits</p> <p>11:00 Gospel Music-MDR</p> <p>3:00 Music &amp; Coffee @TheCafe-MDR</p> <p>3:30 Inspirational Spiritual Meditation -(Independent)</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning Visitation</p> <p>10:00 1-1 Bedside Visits-OU</p> <p>11:00 The DB Coffee Cafe-MDR</p> <p>3:00 Bingo Mania-MDR</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning Visitations -AU</p> <p>10:00 1-1 Bedside Visits-OU</p> <p>11:00 The DB Coffee Cafe-MDR</p> <p>3:00 Fun and Games-MDR</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning Visitation</p> <p>10:30 Glamour Hour/Music-U2</p> <p>10:30 Wellness Group-Tucker Road Trails-Md</p> <p>11:00 One-to-One Visits-OU</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning Visitations -AU</p> <p>10:00 Music&amp;Conversation-U2</p> <p>11:00 Traveling with The A-Team</p> <p>3:00 Movie &amp; Popcorn-MDR</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning Visitation</p> <p>10:30 Dancing to the Oldies-Unit 2</p> <p>11:00 1-1 Visits-AU</p> <p>11:00 Walmart Shopping Trip</p> <p>3:00 Bingo Mania-MDR</p> <p>6:00 Independent Activities</p>	<p>9:30 1-1 Visitation-AU</p> <p>10:30 CINEVAULT Western Theater-MDR</p> <p>2:00 Jackpot Bingo-MDR</p> <p>3:30 Inspirational Spiritual Meditation -(Independent)</p> <p>4:30 Chiefs@Raiders-OU</p> <p>6:00 Independent Activities</p>
<p>9:30 One-to-One Visits</p> <p>11:00 Gospel Music-MDR</p> <p>3:00 Music &amp; Coffee @TheCafe-MDR</p> <p>3:30 Inspirational Spiritual Meditation -(Independent)</p> <p>4:25 Cowboys@Commanders-OU</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning Visitation</p> <p>10:00 1-1 Bedside Visits-OU</p> <p>11:00 The DB Coffee Cafe-MDR</p> <p>3:00 Jackpot Bingo-MDR</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning Visitations -AU</p> <p>10:00 1-1 Bedside Visits-OU</p> <p>11:00 The DB Coffee Cafe-MDR</p> <p>3:00 Name that Tune (Trivia)-MDR</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning Visitation</p> <p>10:30 Glamour Hour/Music-U2</p> <p>10:30 Wellness Group-Tucker Road Trails-Md</p> <p>11:00 One-to-One Visits-OU</p> <p>2:00 Residents Activity Planning Committee-MDR</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning Visitations -AU</p> <p>10:00 Music&amp;Conversation-U2</p> <p>11:00 Traveling with The A-Team</p> <p>3:00 Movie &amp; Popcorn-MDR</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning Visitation</p> <p>10:30 Dancing to the Oldies-Unit 2</p> <p>11:00 1-1 Visits-AU</p> <p>3:00 Ice Cream Social-MDR</p> <p>6:00 Independent Activities</p>	<p>9:30 1-1 Visitation-AU</p> <p>10:30 CINEVAULT Western Theater-MDR</p> <p>2:00 Jackpot Bingo-MDR</p> <p>3:30 Inspirational Spiritual Meditation -(Independent)</p> <p>6:00 Independent Activities</p>
<p>9:30 One-to-One Visits</p> <p>11:00 Gospel Music-MDR</p> <p>3:00 Music &amp; Coffee @TheCafe-MDR</p> <p>3:30 Inspirational Spiritual Meditation -(Independent)</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning Visitation</p> <p>10:00 1-1 Bedside Visits-OU</p> <p>11:00 The DB Coffee Cafe-MDR</p> <p>3:00 Jackpot Bingo-MDR</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning Visitations -AU</p> <p>10:00 1-1 Bedside Visits-OU</p> <p>11:00 The DB Coffee Cafe-MDR</p> <p>11:00 Rod "N" Reel Casino-MD</p> <p>3:00 Celebration of Life-MDR</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning Visitation</p> <p>10:30 Glamour Hour/Music-U2</p> <p>10:30 Wellness Group-Tucker Road Trails-Md</p> <p>11:00 One-to-One Visits-OU</p> <p>3:00 Residents Council Meeting-MDR</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning Visitations -AU</p> <p>10:00 Music&amp;Conversation-U2</p> <p>11:00 Traveling with The A-Team</p> <p>3:00 Movie &amp; Popcorn-MDR</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning Visitation</p> <p>10:30 Dancing to the Oldies-Unit 2</p> <p>11:00 1-1 Visits-AU</p> <p>3:00 Paint and Sip (Arts &amp; Crafts)-MDR</p> <p>6:00 Independent Activities</p>	<p>9:30 1-1 Visitation-AU</p> <p>10:30 CINEVAULT Western Theater-MDR</p> <p>2:00 Jackpot Bingo-MDR</p> <p>3:30 Inspirational Spiritual Meditation -(Independent)</p> <p>6:00 Independent Activities</p>
<p>9:30 One-to-One Visits</p> <p>11:00 Gospel Music-MDR</p> <p>3:00 Music &amp; Coffee @TheCafe-MDR</p> <p>3:30 Inspirational Spiritual Meditation -(Independent)</p> <p>3:30 Inspirational Spiritual Meditation -(Independent)</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning Visitation</p> <p>10:00 1-1 Bedside Visits-OU</p> <p>11:00 The DB Coffee Cafe-MDR</p> <p>3:00 Jackpot Bingo-MDR</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning Visitations -AU</p> <p>10:00 1-1 Bedside Visits-OU</p> <p>11:00 The DB Coffee Cafe-MDR</p> <p>3:00 Virtual Horse Racing-MDR</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning Visitation</p> <p>10:30 Glamour Hour/Music-U2</p> <p>10:30 Wellness Group-Tucker Road Trails-Md</p> <p>11:00 One-to-One Visits-OU</p> <p>2:00 Residents Food Committee Meeting-MDR</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning Visitations -AU</p> <p>10:00 Music&amp;Conversation-U2</p> <p>11:00 Traveling with The A-Team</p> <p>3:00 Movie &amp; Popcorn-MDR</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning Visitation</p> <p>10:30 Dancing to the Oldies-Unit 2</p> <p>11:00 1-1 Visits-AU</p> <p>11:00 Walmart Shopping Trip</p> <p>3:00 Karaoke &amp; Happy Hour!-MDR</p> <p>6:00 Independent Activities</p>	<p>9:30 1-1 Visitation-AU</p> <p>10:30 CINEVAULT Western Theater-MDR</p> <p>2:00 Jackpot Bingo-MDR</p> <p>3:30 Inspirational Spiritual Meditation -(Independent)</p> <p>6:00 Independent Activities</p>
<p>9:30 One-to-One Visits</p> <p>11:00 Gospel Music-MDR</p> <p>3:00 Music &amp; Coffee @TheCafe-MDR</p> <p>3:30 Inspirational Spiritual Meditation -(Independent)</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning Visitation</p> <p>10:00 1-1 Bedside Visits-OU</p> <p>11:00 The DB Coffee Cafe-MDR</p> <p>3:00 Jackpot Bingo-MDR</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning Visitations -AU</p> <p>10:00 1-1 Bedside Visits-OU</p> <p>11:00 The DB Coffee Cafe-MDR</p> <p>3:00 Residents Monthly Birthday Party-MDR</p> <p>6:00 Independent Activities</p>	 <p style="text-align: center;">Celebrating Dr. Martin Luther King, Jr., Day January 16, 2023</p>			