## Serenity Rehabilitation & Health Center Covid-19 FEBRUARY 2021

1 EDNOAN 2021						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Hold on to your dreams of a better life and stay committed to striving to realize it.  –Earl G. Graves, Sr.	National Freedom Day 9:30 1-1 Room Visitation 10:30 Traveling Activities Cart, (Recreational Supplies) 11:00 Fitness "N" Place- (AU) 2:30 1-1 Virtual Communication /w Family & Friends (AU) 3:00 Blk History Trivia	National Groundhog Day 9:30 1-1 Room Visitation 10:30 Traveling Activities Cart, (Recreational Supplies) 2:30 1-1 Virtual Communication /w Family & Friends (AU) 3:00 Blk History Trivia 6:00 Independent Life Skills Leisure Activities	9:30 1-1 Room Visitation 10:30 Traveling Activities Cart, (Recreational Supplies) 11:00 Lunch @ Popeye Chicken 2:30 1-1 Virtual Communication /w Family & Friends (AU) 3:00 Blk History Trivia 6:00 Independent Life Skills Leisure Activities	National Thank a Mail Carrier Day  10:30 Traveling Activities Cart, (Recreational Supplies)  11:00 Fitness "N" Place- (AU)  2:30 1-1 Virtual Communication /w Family & Friends (AU)  3:00 Blk History Trivia	National Wear Red Day 9:30 1-1 Room Visitation 10:30 Traveling Activities Cart, (Recreational Supplies) 11:30 Shopping-Walmart 2:30 1-1 Virtual Communication /w Family & Friends (AU) 3:00 Blk History Trivia	National Frozen Yogurt Day 9:30 1-1 Room Visitation 10:30 Traveling Activities Cart, (Recreational Supplies) 3:00 Inspirational Spiritual Meditation-Independent 6:00 Independent Life Skills Leisure Activities
National Send a Card to a Friend Day 9:30 1-1 Room Visitation 10:30 Traveling Activities Cart, (Recreational Supplies) 3:00 Inspirational Spiritual Meditation-Independent 6:30 Super Bowl LV-Tailgate Party-In Room	9:30 1-1 Room Visitation 10:30 Traveling Activities Cart, (Recreational Supplies) 11:00 Fitness "N" Place- (AU) 2:30 1-1 Virtual Communication /w Family & Friends (AU) 3:00 Blk History Trivia 6:00 Independent Life Skills Leisure Activities	9:30 1-1 Room Visitation 10:30 Traveling Activities Cart, (Recreational Supplies) 2:30 1-1 Virtual Communication /w Family & Friends (AU) 3:00 Blk History Trivia 6:00 Independent Life Skills Leisure Activities	National Umbrella Day 9:30 1-1 Room Visitation 10:30 Traveling Activities Cart, (Recreational Supplies) 2:30 1-1 Virtual Communication /w Family & Friends (AU) 3:00 Blk History Trivia 6:00 Independent Life Skills Leisure Activities	Peppermint Patty Day  10:30 Traveling Activities Cart, (Recreational Supplies)  10:30 1-1 Virtual Music Performance (Zoom)  11:00 Fitness "N" Place- (AU)  2:30 1-1 Virtual Communication /w Family & Friends (AU)  3:00 Blk History Trivia	No One Eats Alone Day 9:30 1-1 Room Visitation 10:30 Traveling Activities Cart, (Recreational Supplies) 2:30 1-1 Virtual Communication /w Family & Friends (AU) 3:00 Blk History Trivia 6:00 Independent Life Skills Leisure Activities	Galentine's Day 9:30 1-1 Room Visitation 10:30 Traveling Activities Cart, (Recreational Supplies) 3:00 Inspirational Spiritual Meditation-Independent 6:00 Independent Life Skills Leisure Activities
Valentines Day 9:30 1-1 Room Visitation 10:30 Traveling Activities Cart, (Recreational Supplies) 2:00 Valentines Day Cupcakes and Ice Cream-On Units 3:00 Inspirational Spiritual Meditation-Independent	Presidents Day 9:30 1-1 Room Visitation 10:30 Traveling Activities Cart, (Recreational Supplies) 11:00 Fitness "N" Place- (AU) 2:30 1-1 Virtual Communication /w Family & Friends (AU) 3:00 Blk History Trivia	Fat Tuesday 9:30 1-1 Room Visitation 10:30 Traveling Activities Cart, (Recreational Supplies) 2:30 1-1 Virtual Communication /w Family & Friends (AU) 3:00 Blk History Trivia 3:30 Mardi Gra Celebration-(AU)	National Random Acts of Kindness Day 9:30 1-1 Room Visitation 10:30 Traveling Activities Cart, (Recreational Supplies) 11:00 Lunch @ New York Deli 3:00 Blk History Trivia 6:00 Independent Life Skills Leisure Activities	National Drink Wine Day 9:30 1-1 Room Visitation 10:30 Traveling Activities Cart, (Recreational Supplies) 11:00 Fitness "N" Place- (AU) 2:30 1-1 Virtual Communication /w Family & Friends (AU) 3:00 Blk History Trivia	National Caregivers Day 9:30 1-1 Room Visitation 10:30 Traveling Activities Cart, (Recreational Supplies) 11:30 Shopping Walmart 2:30 1-1 Virtual Communication /w Family & Friends (AU) 3:00 Blk History Trivia	National Love Your Pet Day 9:30 1-1 Room Visitation 10:30 Traveling Activities Cart, (Recreational Supplies) 3:00 Inspirational Spiritual Meditation-Independent 6:00 Independent Life Skills Leisure Activities
National Sticky Bun Day 9:30 1-1 Room Visitation 10:30 Traveling Activities Cart, (Recreational Supplies) 3:00 Inspirational Spiritual Meditation-Independent 6:00 Independent Life Skills Leisure Activities	National Margarita Day 9:30 1-1 Room Visitation 10:30 Traveling Activities Cart, (Recreational Supplies) 11:00 Fitness "N" Place- (AU) 2:30 1-1 Virtual Communication /w Family & Friends (AU) 3:00 Blk History Trivia	9:30 1-1 Room Visitation 23 10:30 Traveling Activities Cart, (Recreational Supplies) 2:30 1-1 Virtual Communication /w Family & Friends (AU) 3:00 Traveling Birthday Celebration (Cake & Ice Cream) All Units 3:00 Blk History Trivia	National Tortilla Chip Day 9:30 1-1 Room Visitation 10:30 Traveling Activities Cart, (Recreational Supplies) 2:30 1-1 Virtual Communication /w Family & Friends (AU) 3:00 Blk History Trivia 6:00 Independent Life Skills Leisure Activities	10:30 Traveling Activities Care (Recreational Supplies) 10:30 1-1 Virtual Music Performance (Zoom) 11:00 Fitness "N" Place- (AU) 2:30 1-1 Virtual Communication /w Family & Friends (AU) 3:00 Blk History Trivia 3:30 End of Life Celebration	National Chili Day 9:30 1-1 Room Visitation 10:30 Traveling Activities Cart, (Recreational Supplies) 1:00 Shopping Dollar Tree 2:30 1-1 Virtual Communication /w Family & Friends (AU) 3:00 Blk History Trivia	National Strawberry Day 9:30 1-1 Room Visitation 10:30 Traveling Activities Cart, (Recreational Supplies) 3:00 Inspirational Spiritual Meditation-Independent 6:00 Independent Life Skills Leisure Activities
National Chocolate Souffle Day 9:30 1-1 Room Visitation 10:30 Traveling Activities Cart, (Recreational Supplies) 3:00 Inspirational Spiritual	BI	CK			MONTH	

**Meditation-Independent** 

6:00 Independent Life Skills Leisure Activities