

# Serenity Rehabilitation & Health Center - Activity Calendar

## March 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>9:30 One-to-one visit <b>1</b></p> <p>10:30 Arts &amp; Crafts-U-1</p> <p>1:30 Center Point Church-U-1</p> <p>3:00 Bible Way Baptist Church-MDR</p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Coffee &amp; Hot Topics U1 <b>2</b></p> <p>10:30 Wheel Chair Bowling U3</p> <p>10:30 Glamour Hour &amp; Music-U2</p> <p>2:00 Dementia Focus Grp-AU</p> <p>3:00 Jack Pot Bingo-MDR</p> <p>7:00 Worship Service F.W.B.C-MDR</p>	<p>10:30 Dessert Making- U2 <b>3</b></p> <p>10:30 Down Memory Lane- U3</p> <p>10:30 Glamour Hour &amp; Music-U1</p> <p>2:00 Heart Association Program-MDR</p> <p>3:00 Bingo Mania-MDR</p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Aromatherapy- U2 <b>4</b></p> <p>10:30 Dessert Makin- U1</p> <p>10:30 Bean Bag Toss- U3</p> <p>11:00 Amber's Casino Trip-MD</p> <p>2:00 Dementia Focus Grp-AU</p> <p>3:00 Bingo Mania-MDR</p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Baking Cookies -U3 <b>5</b></p> <p>10:30 Music Sing-A-Long- U2</p> <p>10:30 Fun &amp; Fitness- U1</p> <p>2:00 Dementia Focus Grp- AU</p> <p>3:00 Bingo Mania-MDR</p> <p>6:00 Kennedy Center Performance Apollo Orchestra-WG</p>	<p>10:30 Aromatherapy Activity -U1 <b>6</b></p> <p>10:30 Music &amp; Movement- U2</p> <p>11:00 Wal-Mart Shopping Trip-Va</p> <p>3:00 Bingo Mania-MDR</p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>9:30 One-to-One Visits-AU <b>7</b></p> <p>9:30 One-to-One Visits-AU</p> <p>10:30 Movies and Popcorn-MDR</p> <p>2:00 First Baptist Church of Dean Wood -MDR</p> <p>3:00 Bingo Mania-MDR</p> <p>7:00 King &amp; Queen Card Club-U3</p>
<p>9:30 One-to-one visit <b>8</b></p> <p>10:00 Movies &amp; Lunch Xscape Theater-MD</p> <p>10:30 Coffee and Conversation-U-3</p> <p>3:00 Temple of Praise-MDR</p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Coffee &amp; Hot Topics U1 <b>9</b></p> <p>10:30 Wheel Chair Bowling U3</p> <p>10:30 Glamour Hour &amp; Music-U2</p> <p>2:00 Dementia Focus Grp-AU</p> <p>3:00 Jack Pot Bingo-MDR</p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Dessert Making- U2 <b>10</b></p> <p>10:30 Down Memory Lane- U3</p> <p>10:30 Glamour Hour &amp; Music-U1</p> <p>3:00 Fun &amp; Games-MDR</p> <p>6:00 The Kennedy Center Performance Halo Wheeler</p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Aromatherapy- U2 <b>11</b></p> <p>10:30 Dessert Makin- U1</p> <p>10:30 Bean Bag Toss- U3</p> <p>2:00 Dementia Focus Grp-AU</p> <p>3:00 Family Feud Game-MDR</p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Baking Cookies -U3 <b>12</b></p> <p>10:30 Music Sing-A-Long- U2</p> <p>10:30 Fun &amp; Fitness- U1</p> <p>2:00 Dementia Focus Grp- AU</p> <p>3:00 Dancing to Oldies but Goodies-MDR</p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Aromatherapy Activity -U1 <b>13</b></p> <p>10:30 Music &amp; Movement- U2</p> <p>10:30 Wheelchair Basketball-U3</p> <p>3:00 Happy Hour &amp; Karaoke-MDR</p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>9:30 One-to-One Visits-AU <b>14</b></p> <p>10:30 Western Matinee-MDR</p> <p>2:00 S.D.A. Ft. DuPont Park Church-MDR</p> <p>3:30 Fun &amp; Games-MDR</p> <p>7:00 King &amp; Queen Card Club-U3</p>
<p>9:30 One-to-one visit <b>15</b></p> <p>11:00 Worship Service St. Paul Baptist Church-MDR</p> <p>2:00 Movies &amp; Popcorn-MDR</p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Coffee &amp; Hot Topics U1 <b>16</b></p> <p>10:30 Wheel Chair Bowling U3</p> <p>10:30 Glamour Hour &amp; Music-U2</p> <p>11:00 Abner's Casino-Md</p> <p>2:00 Dementia Focus Grp-AU</p> <p>3:00 Jack Pot Bingo-MDR</p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Dessert Making- U2 <b>17</b></p> <p>10:30 Down Memory Lane- U3</p> <p>10:30 Glamour Hour &amp; Music-U1</p> <p>2:00 Dementia Focus Grp-AU</p> <p>3:00 St. Patrick's Day Party-MDR</p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Aromatherapy- U2 <b>18</b></p> <p>10:30 Dessert Makin- U1</p> <p>10:30 Bean Bag Toss- U3</p> <p>2:00 Dementia Focus Grp-AU</p> <p>3:00 Resident Council Mtg-MDR</p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Baking Cookies -U3 <b>19</b></p> <p>10:30 Music Sing-A-Long- U2</p> <p>10:30 Fun &amp; Fitness- U1</p> <p>2:00 Dementia Focus Grp- AU</p> <p>3:00 Dancing to Oldies but Goodies-MDR</p> <p>7:00 Men's Night Social-MDR</p>	<p>10:30 Aromatherapy Activity -U1 <b>20</b></p> <p>10:30 Music &amp; Movement- U2</p> <p>10:30 Wheelchair Golf Pool-U3</p> <p>3:00 Resident's Chefs Corner-RR</p> <p>6:00 Sock Hop Cabaret-MDR</p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>9:30 One-to-One Visits-AU <b>21</b></p> <p>10:30 Jericho City of Praise-1-1</p> <p>2:00 Matthew Memorial Baptist Church-MDR</p> <p>3:00 Bingo -MDR</p> <p>7:00 King &amp; Queen Card Club-U3</p>
<p>9:30 One-to-one visit <b>22</b></p> <p>2:00 Communion Sunday Allen A.M.E.</p> <p>3:00 Fun &amp; Games-MDR</p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Coffee &amp; Hot Topics U1 <b>23</b></p> <p>10:30 Wheel Chair Bowling U3</p> <p>10:30 Glamour Hour &amp; Music-U2</p> <p>2:00 Dementia Focus Grp-AU</p> <p>3:00 Jack Pot Bingo-MDR</p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Dessert Making- U2 <b>24</b></p> <p>10:30 Down Memory Lane- U3</p> <p>10:30 Glamour Hour &amp; Music-U1</p> <p>2:00 Traveling /w The A-Team</p> <p>3:00 Game Time Taboo-MDR</p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Aromatherapy- U2 <b>25</b></p> <p>10:30 Dessert Makin- U1</p> <p>10:30 Bean Bag Toss- U3</p> <p>1:00 Anacostia Community Museum-Trip</p> <p>2:00 Dementia Focus Grp-AU</p> <p>3:00 Peanut Auction-MDR</p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Baking Cookies -U3 <b>26</b></p> <p>10:30 Music Sing-A-Long- U2</p> <p>10:30 Fun &amp; Fitness- U1</p> <p>2:00 Dementia Focus Grp- AU</p> <p>3:00 Celebration of Life-MDR</p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Aromatherapy Activity -U1 <b>27</b></p> <p>10:30 Music &amp; Movement- U2</p> <p>10:30 Wheelchair Bowling-U3</p> <p>3:00 Paint &amp; Sip-MDR</p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>8:30 Golden Corral Restaurant-Md <b>28</b></p> <p>9:30 One-to-One Visits-AU</p> <p>10:30 Movies &amp; Popcorn-MDR</p> <p>2:00 Third Baptist Bingo-MDR</p> <p>3:00 Table Top Games-MDR</p> <p>7:00 King &amp; Queen Card Club-U3</p>
<p>9:30 One-to-one visit <b>29</b></p> <p>10:30 Arts &amp; Crafts-U3</p> <p>3:00 New Image Baptist Church-MDR</p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Coffee &amp; Hot Topics U1 <b>30</b></p> <p>10:30 Wheel Chair Bowling U3</p> <p>10:30 Glamour Hour &amp; Music-U2</p> <p>12:00 Dollar Store Trip/Lunch</p> <p>2:00 Dementia Focus Grp-AU</p> <p>3:00 Jack Pot Bingo-MDR</p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Dessert Making- U2 <b>31</b></p> <p>10:30 Down Memory Lane- U3</p> <p>10:30 Glamour Hour &amp; Music-U1</p> <p>2:00 Dementia Focus Grp-AU</p> <p>3:00 Birthday Celebration-MDR</p> <p>7:00 King &amp; Queen Card Club-U3</p>	 <p><b>Spring Begins</b> <b>MARCH 19th</b></p>			