

Serenity Rehabilitation & Health Center Activity Calendar

July 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Freedom IS ONE OF THE DEEPEST AND NOBLEST ASPIRATIONS OF THE *human spirit.*

4th of July

				10:00 Leisure Walk (Gazebo WP) 10:00 In Person Visitation (Residents) 10:30 Traveling Activities Cart (Recreational Supplies) 11:00 Bingo Mania-MDR 2:00 Bingo Mania-U2 6:00 Card Playing (Indendent)	10:00 In Person Visitation (Residents) 10:30 Traveling Activities Cart (Recreational Supplies) 10:30 Shopping Walmart-Alexandria Va. 3:00 Bingo Mania Wee-MDR 6:00 Card Playing (Independent)	10:00 In Person Visitation (Residents) 10:30 Movies and Popcorn-MDR (Limited Seating Covid-19) 1:00 Music Time (Oldies But Goodies) 3:00 Jackpot Bingo-MDR 6:00 Card Playing -Independent
10:00 In Person Visitation (Residents) 12:00 Independence Day Bar-B-Q-MDR 1:00 Gospel Music (Intercom) 3:00 Inspirational Spiritual Meditation -(Independent) 6:00 Card Playing (Independent)	10:00 In Person Visitation (Residents) 10:30 Traveling Activities Cart (Recreational Supplies) 11:00 Fitness "N" Place- (AU) 2:00 Bingo Mania Week (MDR) 6:00 Card Playing (Independent)	10:00 In Person Visitation (Residents) 10:30 Traveling Activities Cart (Recreational Supplies) 11:00 One-to-One Visitation-AU 2:00 Bingo Mania Week (MDR) 6:00 Card Playing (Independent)	10:00 In Person Visitation (Residents) 10:30 Traveling Activities Cart (Recreational Supplies) 11:00 Musical Trivia Game (Intercom) 2:00 Bingo Mania Week (MDR) 6:00 Card Playing (Independent)	10:00 Leisure Walk (Gazebo WP) 10:00 In Person Visitation (Residents) 10:30 1-1 Virtual Music Performance (Zoom) 10:30 Traveling Activities Cart (Recreational Supplies) 2:00 Bingo Mania Week (MDR) 6:00 Card Playing (Indendent)	10:00 In Person Visitation (Residents) 10:30 Traveling Activities Cart (Recreational Supplies) 11:00 One-to-One Visit (AU) 3:00 Wine & Cheese Social-MDR 6:00 Card Playing (Independent)	9:30 One-to-One Visits-AU 10:00 In Person Visitation (Residents) 1:00 Music Time (Oldies But Goodies) 3:00 Jackpot Bingo-MDR 6:00 Card Playing (Indendent)
9:30 One-to-one visits-AU 10:00 In Person Visitation (Residents) 1:00 Gospel Music (Intercom) 3:00 Inspirational Spiritual Meditation -(Independent) 6:00 Card Playing (Independent)	10:00 In Person Visitation (Residents) 10:30 Traveling Activities Cart (Recreational Supplies) 11:00 Fitness "N" Place- (AU) 12:00 Lunch @ Popeye Restaurant 3:00 Jackpot Bingo (MDR)	10:00 In Person Visitation (Residents) 10:30 Traveling Activities Cart (Recreational Supplies) 11:00 One-to-One Visitation 3:00 Carnival Eats Social -MDR 6:00 Card Playing (Independent)	10:00 In Person Visitation (Residents) 10:30 Traveling Activities Cart (Recreational Supplies) 11:00 One-to-One Visitation 2:00 Cinema Time and Popcorn-Movie TBA 6:00 Card Playing (Independent)	10:00 Leisure Walk (Gazebo WP) 10:00 In Person Visitation (Residents) 10:30 Traveling Activities Cart (Recreational Supplies) 11:00 Fitness "N" Place- (AU) 3:00 Paint and Sip (MDR) 6:00 Card Playing (Independent)	10:00 In Person Visitation (Residents) 10:30 Traveling Activities Cart (Recreational Supplies) 10:30 Shopping Walmart-Waldorf Md 3:00 Virtual Horse Racing -MDR 6:00 Card Playing (Independent)	10:00 In Person Visitation (Residents) 11:00 One-to-One Bedside Visitations 1:00 Music Time (Oldies But Goodies) 3:00 Jackpot Bingo-MDR 6:00 Card Playing (Indendent)
10:00 In Person Visitation (Residents) 10:30 Traveling Activities Cart (Recreational Supplies) 1:00 Gospel Music (Intercom) 3:00 Inspirational Spiritual Meditation -(Independent) 6:00 Card Playing (Independent)	10:00 In Person Visitation (Residents) 10:30 Traveling Activities Cart (Recreational Supplies) 11:00 Fitness "N" Place- (AU) 2:00 Dementia Focus Grp-AU 3:00 Jackpot Bingo (MDR) 6:00 Card Playing (Independent)	9:00 Gardening-Outdoor Patio 10:00 In Person Visitation (Residents) 10:30 Traveling Activities Cart (Recreational Supplies) 2:00 Cinema Time & Popcorn-Movie TBA 6:00 Card Playing (Independent)	10:00 In Person Visitation (Residents) 10:30 Traveling Activities Cart (Recreational Supplies) 11:00 One-to-One Visitation 3:00 Resident Council Meeting -MDR 6:00 Card Playing (Independent)	10:00 Leisure Walk (Gazebo WP) 10:00 In Person Visitation (Residents) 10:30 1-1 Virtual Music Performance (Zoom) 11:00 Fitness "N" Place- (AU) 3:00 Crazy Bingo-(MDR)	10:00 In Person Visitation (Residents) 10:30 Traveling Activities Cart (Recreational Supplies) 10:30 Shopping Walmart 3:00 Ice Cream Social -(Outdoor Patio) 6:00 Card Playing (Independent)	9:30 One-to-One Visits-AU 10:00 In Person Visitation (Residents) 10:30 Traveling Activities Cart (Recreational Supplies) 3:00 Jackpot Bingo-MDR 6:00 Independent Leisure Activities
10:00 In Person Visitation (Residents) 10:30 Traveling Activities Cart (Recreational Supplies) 1:00 Gospel Music (Intercom) 3:00 Inspirational Spiritual Meditation -(Independent) 6:00 Card Playing (Independent)	10:00 In Person Visitation (Residents) 10:30 Traveling Activities Cart (Recreational Supplies) 11:00 Fitness "N" Place- (AU) 2:00 Dementia Focus Grp-AU 3:00 Jackpot Bingo (MDR) 6:00 Card Playing (Independent)	10:00 In Person Visitation (Residents) 10:30 Traveling Activities Cart (Recreational Supplies) 3:00 Residents Monthly Birthday Party-MDR 6:00 Card Playing (Independent)	10:00 In Person Visitation (Residents) 10:30 Traveling Activities Cart (Recreational Supplies) 2:00 End of Life Celebration(MDR) 6:00 Card Playing (Independent)	10:00 Leisure Walk (Gazebo WP) 10:00 In Person Visitation (Residents) 10:30 Traveling Activities Cart (Recreational Supplies) 2:00 Cinema Time (Movie TBA MDR) 6:00 Card Playing (Independent)	10:00 In Person Visitation (Residents) 10:30 Traveling Activities Cart (Recreational Supplies) 3:00 Open Mic Wine Down Friday Social-MDR 6:00 Card Playing (Independent)	10:00 In Person Visitation (Residents) 10:30 Traveling Activities Cart (Recreational Supplies) 1:00 Music Time (Oldies But Goodies) 3:00 Jackpot Bingo-MDR 6:00 Independent Leisure Activities