

# Serenity Rehabilitation & Health Center - Activity Calendar

## November 2022

**SUNDAY**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**

*Grateful  
Thankful  
Blessed*

<p>9:30 <b>One-to-One Visits</b> 11:00 <b>Gospel Music-MDR</b> 1:00 <b>Vikings@Commanders-MDR</b> 3:00 <b>Music &amp; Coffee @ the Cafe-MDR</b> 3:30 <b>Inspirational Spiritual Meditation -(Independent)</b> 6:00 <b>Independent Activities</b></p>	<p>9:30 <b>Good Morning !!!! Visitation-AU</b> 10:00 <b>1-1 Bedside Visits-OU</b> 11:00 <b>The Delta Blues Coffee Cafe -MDR</b> 3:00 <b>Bingo Mania-MDR</b> 6:00 <b>Independent Activities</b></p>	<p>9:30 <b>Good Morning !!!! Visitations -All Units</b> 10:00 <b>1-1 Bedside Visits-OU</b> 11:00 <b>The Delta Blues Coffee Cafe -MDR</b> 3:00 <b>Bingo Mania Week-MDR</b> 6:00 <b>Independent Activities</b></p>	<p>9:30 <b>Good Morning !!!! Visitation-AU</b> 10:30 <b>Glamour Hour/Music-U2</b> 10:30 <b>Wellness Group-Tucker Road Trails-Md</b> 11:00 <b>One-to-One Visits-OU</b> 3:00 <b>Bingo Mania-MDR</b> 6:00 <b>Independent Activities</b></p>	<p>9:30 <b>Good Morning !!!! Visitations -All Units</b> 10:00 <b>Music&amp;Conversation-U2</b> 11:00 <b>Traveling with The A-Team (Fall Foliage)</b> 3:00 <b>Bingo Mania-MDR</b> 6:00 <b>Independent Activities</b> 8:15 <b>Eagles@Texans-(Independent)</b></p>	<p>9:30 <b>Good Morning !!!! Visitation-AU</b> 10:30 <b>Dancing to the Oldies-Unit 2</b> 11:00 <b>1-1 Visits-All Units</b> 3:00 <b>Bingo Mania-MDR</b> 6:00 <b>Independent Activities</b></p>	<p>9:30 <b>1-1 Visitation-AU</b> 10:30 <b>CINEVAULT Western Theater-MDR</b> 2:00 <b>Jackpot Bingo-MDR</b> 3:30 <b>Inspirational Spiritual Meditation -(Independent)</b> 6:00 <b>Independent Activities</b></p>
<p>9:30 <b>One-to-One Visits</b> 11:00 <b>Gospel Music-MDR</b> 1:00 <b>Vikings@Commanders-MDR</b> 3:00 <b>Music &amp; Coffee @ the Cafe-MDR</b> 3:30 <b>Inspirational Spiritual Meditation -(Independent)</b> 6:00 <b>Independent Activities</b></p>	<p>9:30 <b>Good Morning !!!! Visitation-AU</b> 10:00 <b>1-1 Bedside Visits-OU</b> 11:00 <b>The Delta Blues Coffee Cafe -MDR</b> 3:00 <b>Bingo Mania-MDR</b> 6:00 <b>Independent Activities</b> 8:15 <b>Ravens@Saints-(Independent)</b></p>	<p>9:30 <b>Good Morning !!!! Visitations -All Units</b> 10:00 <b>1-1 Bedside Visits-OU</b> 11:00 <b>The Delta Blues Coffee Cafe -MDR</b> 11:00 <b>Walmart Shopping Trip</b> 3:00 <b>Name That Tune Trivia-MDR</b> 6:00 <b>Independent Activities</b></p>	<p>9:30 <b>Good Morning !!!! Visitation-AU</b> 10:30 <b>Glamour Hour/Music-U2</b> 10:30 <b>Wellness Group-Tucker Road Trails-Md</b> 11:00 <b>One-to-One Visits-OU</b> 2:00 <b>Residents Activity Planning Committee-MDR</b> 6:00 <b>Independent Activities</b></p>	<p>9:30 <b>Good Morning !!!! Visitations -All Units</b> 10:00 <b>Music&amp;Conversation-U2</b> 11:00 <b>Traveling with The A-Team (Fall Foliage)</b> 3:00 <b>Movie and Popcorn-MDR</b> 6:00 <b>Independent Activities</b> 8:15 <b>Falcons@Panthers-(Independent)</b></p>	<p>9:30 <b>Good Morning !!!! Visitation-AU</b> 10:30 <b>Dancing to the Oldies-Unit 2</b> 11:00 <b>1-1 Visits-All Units</b> 3:00 <b>Veterans Day Celebration-MDR</b> 6:00 <b>Independent Activities</b></p>	<p>9:30 <b>1-1 Visitation-AU</b> 10:30 <b>CINEVAULT Western Theater-MDR</b> 2:00 <b>Jackpot Bingo-MDR</b> 3:30 <b>Inspirational Spiritual Meditation -(Independent)</b> 6:00 <b>Independent Activities</b></p>
<p>9:30 <b>One-to-One Visits</b> 11:00 <b>Gospel Music-MDR</b> 1:00 <b>Vikings@Bills- MDR</b> 3:00 <b>Music &amp; Coffee @ the Cafe-MDR</b> 3:30 <b>Inspirational Spiritual Meditation -(Independent)</b> 6:00 <b>Independent Activities</b></p>	<p>9:30 <b>Good Morning !!!! Visitation-AU</b> 10:00 <b>1-1 Bedside Visits-OU</b> 11:00 <b>The Delta Blues Coffee Cafe -MDR</b> 3:00 <b>Jackpot Bingo-MDR</b> 6:00 <b>Independent Activities</b> 8:15 <b>Commanders@Eagles-(Independent)</b></p>	<p>9:30 <b>Good Morning !!!! Visitations -All Units</b> 10:00 <b>1-1 Bedside Visits-OU</b> 11:00 <b>The Delta Blues Coffee Cafe -MDR</b> 3:00 <b>Celebration of Life- MDR</b> 6:00 <b>Independent Activities</b></p>	<p>9:30 <b>Good Morning !!!! Visitation-AU</b> 10:30 <b>Glamour Hour/Music-U2</b> 10:30 <b>Wellness Group-Tucker Road Trails-Md</b> 11:00 <b>One-to-One Visits-OU</b> 3:00 <b>Residents Council Meeting-MDR</b> 6:00 <b>Independent Activities</b></p>	<p>9:30 <b>Good Morning !!!! Visitations -All Units</b> 10:00 <b>Music&amp;Conversation-U2</b> 11:00 <b>Traveling with The A-Team (Fall Foliage)</b> 3:00 <b>Movie and Popcorn-MDR</b> 6:00 <b>Independent Activities</b> 8:15 <b>Titans@Packers-(Independent)</b></p>	<p>9:30 <b>Good Morning !!!! Visitation-AU</b> 10:30 <b>Dancing to the Oldies-Unit 2</b> 11:00 <b>1-1 Visits-All Units</b> 11:00 <b>Rod N Reel Casino Trip</b> 3:00 <b>Paint and Sip (Arts &amp; Crafts)- MDR</b> 6:00 <b>Independent Activities</b></p>	<p>9:30 <b>1-1 Visitation-AU</b> 10:30 <b>CINEVAULT Western Theater-MDR</b> 2:00 <b>Jackpot Bingo-MDR</b> 3:30 <b>Inspirational Spiritual Meditation -(Independent)</b> 6:00 <b>Independent Activities</b></p>
<p>9:30 <b>One-to-One Visits</b> 11:00 <b>Gospel Music-MDR</b> 1:00 <b>Commanders@Texans-MDR</b> 3:00 <b>Music &amp; Coffee @ the Cafe-MDR</b> 3:30 <b>Inspirational Spiritual Meditation -(Independent)</b> 6:00 <b>Independent Activities</b></p>	<p>9:30 <b>Good Morning !!!! Visitation-AU</b> 10:00 <b>1-1 Bedside Visits-OU</b> 11:00 <b>The Delta Blues Coffee Cafe -MDR</b> 3:00 <b>Jackpot Bingo-MDR</b> 6:00 <b>Independent Activities</b></p>	<p>9:30 <b>Good Morning !!!! Visitations -All Units</b> 10:00 <b>1-1 Bedside Visits-OU</b> 11:00 <b>The Delta Blues Coffee Cafe -MDR</b> 3:00 <b>Thanksgiving Social-MDR</b> 6:00 <b>Independent Activities</b></p>	<p>9:30 <b>Good Morning !!!! Visitation-AU</b> 10:30 <b>Glamour Hour/Music-U2</b> 10:30 <b>Wellness Group-Tucker Road Trails-Md</b> 11:00 <b>One-to-One Visits-OU</b> 2:00 <b>Residents Food Committee Meeting-MDR</b> 6:00 <b>Independent Activities</b></p>	<p>9:30 <b>Good Morning !!!! Visitations -All Units</b> 10:00 <b>Music&amp;Conversation-U2</b> 11:00 <b>Traveling with The A-Team (Fall Foliage)</b> 3:00 <b>Movie and Popcorn-MDR</b> 4:30 <b>Giants@Cowboys-(Independent)</b> 6:00 <b>Independent Activities</b></p>	<p>9:30 <b>Good Morning !!!! Visitation-AU</b> 10:30 <b>Dancing to the Oldies-Unit 2</b> 11:00 <b>1-1 Visits-All Units</b> 3:00 <b>Karaoke &amp; Happy Hour!-MDR</b> 6:00 <b>Independent Activities</b></p>	<p>9:30 <b>1-1 Visitation-AU</b> 10:30 <b>CINEVAULT Western Theater-MDR</b> 2:00 <b>Jackpot Bingo-MDR</b> 3:30 <b>Inspirational Spiritual Meditation -(Independent)</b> 6:00 <b>Independent Activities</b></p>
<p>9:30 <b>One-to-One Visits</b> 11:00 <b>Gospel Music-MDR</b> 1:00 <b>Falcons@Commanders-MDR</b> 3:00 <b>Music &amp; Coffee @ the Cafe-MDR</b> 3:30 <b>Inspirational Spiritual Meditation -(Independent)</b> 6:00 <b>Independent Activities</b></p>	<p>9:30 <b>Good Morning !!!! Visitation-AU</b> 10:00 <b>1-1 Bedside Visits-OU</b> 11:00 <b>The Delta Blues Coffee Cafe -MDR</b> 3:00 <b>Jackpot Bingo-MDR</b> 6:00 <b>Independent Activities</b> 8:15 <b>Steelers@Colts-(Independent)</b></p>	<p>9:30 <b>Good Morning !!!! Visitations -All Units</b> 10:00 <b>1-1 Bedside Visits-OU</b> 11:00 <b>The Delta Blues Coffee Cafe -MDR</b> 3:00 <b>Residents Monthly Birthday Party-MDR</b> 6:00 <b>Independent Activities</b></p>	<p>9:30 <b>Good Morning !!!! Visitation-AU</b> 10:30 <b>Glamour Hour/Music-U2</b> 10:30 <b>Wellness Group-Tucker Road Trails-Md</b> 11:00 <b>One-to-One Visits-OU</b> 11:00 <b>Walmart Shopping Trip</b> 3:00 <b>Round Table Talk- MDR</b> 6:00 <b>Independent Activities</b></p>	<p><b>NOV 24 Happy Thanksgiving</b></p> 		