

Serenity Rehabilitation & Health Center Activity Calendar

➤ December 2021 ➤

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



			10:30 Glamour Hour/Music-U2 11:00 One-on-One Visits-OU 3:00 Bingo Mania Week-MDR 6:00 DIY Activities-Independent AU	9:30 Looking Good Feeling Good-Barber Shop-Waldorf 10:30 Music&Conversation-U2 3:00 Bingo Mania-MDR 6:00 DIY Activities-Independent AU 8:25 Cowboys vs Saints-All Units	10:00 One-on-One Visits-All Units 10:30 Aromatherapy Activity -U2 11:00 Christmas Shopping Walmart & Lunch-Va 3:00 Bingo Mania Week-MDR 6:00 DIY Activities-Independent AU	9:30 One-to-One Visits-AU 10:30 Movies and Popcorn-MDR 3:00 Inspirational Spiritual Meditation -(Independent) 3:00 Bingo Mania Week-MDR 6:00 DIY Activities-Independent AU
9:30 One-on-One Visits 11:00 Gospel Music (Intercom) 3:00 Inspirational Spiritual Meditation -(Independent) 3:00 Bingo Mania-MDR 4:00 Washington vs Raiders 6:00 DIY Activities-Independent AU	10:00 One-on-One Bedside Visits-OU 11:00 Fitness "N" Place- All Units 3:00 Jackpot Bingo-MDR 5:00 Watkins Park Christmas Festival of Lights-MDR 8:15 Patriots vs Bills All Units	10:30 1-1 Virtual Music Performance(Zoom) 11:00 Bingo Mania-MDR 3:00 Grand-opening Residents Coffee Cafe-MDR 6:00 DIY Activities-Independent AU	9:30 Soap and Suds Laundromat & Lunch-Waldorf 10:30 Glamour Hour/Music-U2 11:00 One-on-One Visits-OU 2:00 Residents Food Committee Mtg-MDR 6:00 DIY Activities-Independent AU	9:00 Walking Activity-Tucker Rd. Recreation Center 10:30 Music&Conversation-U2 11:00 Coffee Cafe-MDR 3:00 Peanut Auction-MDR 6:00 DIY Activities-Independent AU 8:20 Steelers vs Vikings All Units	10:00 One-on-One Visits-All Units 10:30 Aromatherapy Activity -U2 11:00 Christmas Shopping Walmart & Lunch-Va 3:00 Fun & Games-MDR 6:00 DIY Activities-Independent AU	9:30 One-to-One Visits-AU 11:00 Movie and Popcorn-MDR 2:00 Jackpot Bingo-MDR 3:00 Inspirational Spiritual Meditation -(Independent) 6:00 DIY Activities-Independent AU
9:30 One-on-One Visits 11:00 Gospel Music (Intercom) 1:00 Cowboys vs Washington-All Units 3:00 Inspirational Spiritual Meditation -(Independent) 6:00 DIY Activities-Independent AU	10:00 One-on-One Bedside Visits-OU 11:00 Fitness "N" Place-All Units 3:00 Jackpot Bingo-MDR 5:00 Watkins Park Christmas Festival of Lights-MDR 8:15 Rams vs Cardinals All Units	9:00 Walking Activity-Tucker Rd. Recreation Center 10:30 1-1 Virtual Music Performance(Zoom) 11:00 Coffee Cafe-MDR 2:00 Holiday Crafts-MDR 6:00 DIY Activities-Independent AU	9:30 Looking Good Feeling Barber Shop-Waldorf 10:30 Glamour Hour/Music-U2 11:00 One-on-One Visits-OU 3:00 Residents Council Town Hall Mtg-MDR 6:00 DIY Activities-Independent AU	8:20 Chiefs vs Charges-All Units 9:00 Walking Activity-Tucker Rd. Recreation Center 10:30 Music&Conversation-U2 11:00 Coffee Cafe-MDR 3:00 Virtual Horse Racing-MDR 6:00 DIY Activities-Independent AU	10:00 One-on-One Visits-All Units 10:30 Aromatherapy Activity -U2 1:00 Residents Christmas Party-MDR 6:00 DIY Activities-Independent AU	9:30 One-to-One Visits-AU 11:00 Movies & Popcorn-MDR 2:00 Jackpot Bingo-MDR 3:00 Inspirational Spiritual Meditation -(Independent) 6:00 DIY Activities-Independent AU
1:00 Washington vs Eagles-All Units 9:30 One-on-One Visits 11:00 Gospel Music (Intercom) 3:00 Inspirational Spiritual Meditation -(Independent) 6:00 DIY Activities-Independent AU	9:30 Soap & Suds Laundromat and Lunch-Waldorf Md 10:00 One-on-One Bedside Visits-OU 11:00 Fitness "N" Place-All Units 3:00 Jackpot Bingo-MDR 8:15 Vikings vs Bears-All Units	10:30 1-1 Virtual Music Performance(Zoom) 11:00 Coffee Cafe-MDR 2:00 Christmas Paint & Sip-MDR 6:00 DIY Activities-Independent AU	10:30 Glamour Hour/Music-U2 11:00 One-on-One Visits-OU 2:00 Residents Activity Planning Committee-MDR 6:00 DIY Activities-Independent AU	8:20 49ers vs Titans All Units 9:00 Walking Activity-Tucker Rd. Recreation Center 10:30 Music&Conversation-U2 11:00 Coffee Cafe-MDR 2:00 Christmas Cheers-MDR	10:00 One-on-One Visits-All Units 10:30 Aromatherapy Activity -U2 2:00 Holiday Cheers and Bingo-MDR 6:00 DIY Activities-Independent AU	Holiday Music -All Units MERRY CHRISTMAS 3:00 Inspirational Spiritual Meditation -(Independent) 4:30 Browns vs Packers All Units 8:15 Colts vs Cardinals All Units
9:30 One-on-One Visits 11:00 Gospel Music (Intercom) 3:00 Inspirational Spiritual Meditation -(Independent) 6:00 DIY Activities-Independent AU 8:20 Washington vs Cowboys-All Units	8:15 Dolphins vs Saints All Units 10:00 One-on-One Bedside Visits-OU 11:00 Fitness "N" Place-All Units 3:00 Jackpot Bingo-MDR 6:00 DIY Activities-Independent AU	9:00 Walking Activity-Tucker Rd. Recreation Center 10:30 1-1 Virtual Music Performance(Zoom) 11:00 Coffee Cafe-MDR 3:00 Residents Monthly Birthday Party-MDR 6:00 DIY Activities-Independent AU	9:30 Looking Good Feeling Good Barber Shop & Lunch Waldorf Md 10:30 Glamour Hour/Music-U2 11:00 One-on-One Visits-OU 3:00 Crazy Bingo-MDR 6:00 DIY Activities-Independent AU	10:30 Music&Conversation-U2 11:00 Coffee Cafe-MDR 3:00 New Years Eve Celebration-MDR 6:00 DIY Activities-Independent AU	BYE BYE 2021 10:00 One-on-One Visits-All Units 10:30 Aromatherapy Activity -U2 2:00 New Years Eve Bingo-MDR 6:00 DIY Activities-Independent AU	